



Brookfield Primary School – Real PE Long Term Plan

Autumn

Spring

Summer

Subject	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
R	PE – Co-ordination Balancing	PE – Jumping and Landing Balancing	PE – Balancing Dynamic Balance Static Balance	PE – Ball Skills Counter Balance	PE – Sending and Receiving Agility	PE – Agility – ball skills Floor Work
Y1	Personal Skills Cog – Footwork	Social Skills Cog – Jumping and Landing	Cognitive Skills Cog – On a Line	Creative Skills Cog – Ball Skills	Physical Skills Cog – Sending and Receiving	Health and Fitness Skills Cog – Ball Chasing
Y2	Personal Skills Cog – Footwork	Social Skills Cog – Jumping and Landing	Cognitive Skills Cog – On a Line	Creative Skills Cog – Ball Skills	Physical Skills Cog – Sending and Receiving	Health and Fitness Skills Cog – Ball Chasing
Y3	Personal Skills Cog – Footwork	Social Skills Cog – Jumping and Landing	Cognitive Skills Cog – On a Line	Creative Skills Cog – Sending and Receiving	Physical Skills Cog – Reaction/ Response	Health and Fitness Skills Cog – Ball Chasing
Y4	Personal Skills Cog – Footwork	Social Skills Cog – Jumping and Landing	Cognitive Skills Cog – On a Line	Creative Skills Cog – Sending and Receiving	Physical Skills Cog – Reaction/ Response	Health and Fitness Skills Cog – Ball Chasing
Y5	swimming	swimming	swimming	swimming	swimming	swimming
Y6	Personal Skills Cog- consistently try to improve	Social Skills Cog- organise & guide others	Cognitive Skills Cog- make good decisions	Creative Skills Cog- adapt/ change activities	Physical Skills Cog- link actions to flow	Health & Fitness Skills Cog- ball chasing