

Brookfield Primary School Policies – Physical Education Policy



Brookfield Primary School

Record of Policy Amendment / History

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Brookfield Primary School Physical Education Policy

Purpose of Study

"A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect." (DfE, July 2014).

Intent

At Brookfield Primary School, we aim for all children to have a high-quality physical education, which develops children's physical literacy, emotional and thinking skills to help them achieve in school, sport and life.

The school PE curriculum includes a wide variety of physical activities: team games, individual games, gymnastics, dance, athletics, outdoor adventurous activities and swimming. Through these, we aim to increase pupils' physical literacy by developing their enjoyment of physical activity and recognition of their success, as they develop their physical skills alongside the skills of communication, collaboration and competition.

We aim:

- To promote the enjoyment of physical exercise.
- To promote the physical, personal, social and emotional development of all children.
- To promote a positive attitude to an active and healthy lifestyle.
- To develop the competence to excel in a range of physical activities, including competitive sport, which are then sustained over periods of time.
- To develop children's leadership skills, such as taking the initiative and leading activities.
- To develop children's evaluative skills, enabling them to focus on improving aspects of their own performance.
- To develop problem-solving skills in a supportive environment.
- To build a foundation for sporting and physical activity outside school and in the community.
- To foster an awareness of safe practice.

Implementation

School Provision and Organisation

Brookfield Primary School follows the National Curriculum for Physical Education as outlined in the programmes of study for Physical Education. The school follows the REAL PE scheme of work. This identifies the areas of PE to be taught in each term, detailing the learning objectives, outcomes, previous learning, vocabulary and resources. Specialist teaching and coaching is accessed where appropriate to ensure high quality provision in Dance and Gymnastics.



Physical Education is taught in each class by the class teacher. In Key Stage 2, the class teacher is supported by a designated sports coach, to deliver a wide variety of sporting activities and games.

Each class teacher is responsible for planning P.E. lessons, using the REAL PE scheme of work, and working in conjunction with the sports coaches when assessing pupil needs and planning for the continuity and progression in their PE skills. The school also plans for other special events based on sports, such as inviting the Bolsover District Cricket Coach to provide cricket sessions for all the children in the school.

Outdoor adventurous activities (OAAs) are undertaken within the school grounds, in the immediate vicinity of the school and during extended educational visits. In addition to physical skills, OAAs promote positive attitudes to self-esteem and enhance cooperation and communication skills.

Out of school hours learning is planned to give children further opportunities to develop a wide range of skills and knowledge through activities of their choice. Opportunities in our school include:

- Breakfast club
- Lunchtime rota of sporting activities
- After school activity clubs delivered by a sports coach.
- Activities organised by external providers after school (tennis, cheerleading, dance and karate)
- Inter-school competitive activities, e.g. football, cricket, rounders, dodgeball

Safe practice

Health and safety awareness is an integral part of teachers' planning and children's learning in PE. Jewellery should not be worn by children during PE. All staff work to deliver the P.E. curriculum according to the accepted Derbyshire Codes of Practice for health and safety and safeguarding of children. Children are taught to be concerned with their own safety and that of other people in all activities undertaken. They are taught to understand the importance of wearing appropriate clothing, warming up for, and recovering from, exercise, thus preventing injury. To ensure safe practice children are taught to lift, carry and place equipment safely and respond promptly to instructions within established routines, rules and Code of Behaviour.

Equal Opportunities

Each child will have equal access to the Physical Education curriculum, regardless of gender, ability or race. Significant contributions to Sport are acknowledged during P.E. teaching, including referring to different cultures and traditions of sport from around the world. All pupils are provided with learning experiences which enable them to experience success, gain confidence and acquire competence.

Provision for all children including those with Special Educational Needs and More Able children

Policy Version 1 Last updated January 2024

All children are involved in PE with regard to their ability and aptitude. PE forms part of the school curriculum policy to provide a broad and balanced education for all children. We provide learning opportunities that are matched to the individual needs of children with learning difficulties or physical challenges. Pupils who have a difficulty with Physical Education or who are talented with Physical Education are tracked through school to ensure that progress is being made at their level.

Special Educational Needs: Support strategies are in place for children needing additional support with PE, mainly through the use of teaching and learning assistants and in providing appropriate intervention groups to promote physical development.

Cross-Curricular Links

Links are encouraged wherever appropriate. This renders learning relevant and provides a context or activities. There are clear links between the PE curriculum and PSHE which takes place in school.

How We Will Measure Impact

Our Physical Education curriculum is planned to demonstrate progression, through a range of activities, with the aim of creating a positive learning environment for children to develop their emotional, physical and mental engagement in physical activity and sport.

Assessment and Recording

Throughout each lesson formative assessment takes place and feedback is given to the children through verbal feedback. The teaching and learning of Physical Education is monitored by the Subject Leader through Lesson visits and pupil voice discussions.

Reporting

A written report will be sent to parents on their child's achievements once a year and their progress can be discussed at two parent consultation evenings during the year. In the final term of EYFS, each child's level of development is assessed against the Early Learning Goals. These judgements are based on ongoing teacher assessments and observations throughout the year. The subject leader produces a yearly written report which outlines the achievements in P.E. during the year.

The subject leader produces a yearly action plan to show the allocation of Sports Funding, which is available on the school website.