



**“Be the best we can be”**

### **PSHE Curriculum Statement**

At Brookfield Primary School, we teach Personal, Social, Health Education as a whole-school approach to underpin children’s development as people and because we believe that this also supports their learning capacity.

The Derbyshire PSHE Matters Scheme offers us a comprehensive Scheme of Work which brings consistency and progression to our children’s learning in this vital curriculum area.

### **Intent**

PSHE (Personal, Social, Health and Economic) education is a crucial part of a child’s education. It gives children access to critical information about themselves and the many facets of the diverse world around them. At Brookfield Primary School we provide a specifically tailored curriculum that is both broad and balanced, and meets the unique context of our school. We give pupils time to think, have conversations and link what they have learned to other curriculum areas, alongside as many practical experiences as possible. At the heart of this, we encourage respect and understanding of the universal rights of the child, as articulated by the United Nations. At Brookfield, we aim to promote children’s knowledge, self-esteem, emotional wellbeing and resilience, and to help them to form and maintain worthwhile and positive relationships. Children will be taught to have respect for themselves, and for others, within our local, national and global communities. We aim to develop key character skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in relationships, and nurture sensitivity to the needs and feelings of others, through our PSHE lessons and across the school, in assemblies and in day to day activities around school. We aim to enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. We aim to equip children and young people with information, skills and values to understand and to be able to cope with the physical and emotional changes that happen during puberty. The information provided will be relevant and appropriate to the age and maturity of pupils. At Brookfield Primary School we aim to prepare pupils for adult life: its decisions, responsibilities, experiences and opportunities, and to allow pupils to develop fully as emotional mature human beings.

Through a range of trips, school experiences, our class agreement and a programme of PSHE lessons, we encourage all Brookfield children to be the best they can be.