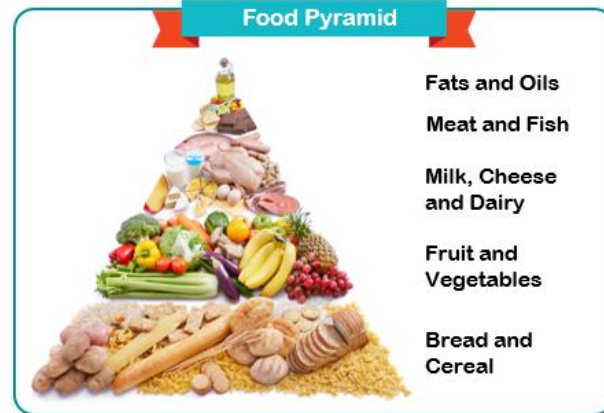




Brookfield Primary School Knowledge Organiser

Year 1/2: Animals including humans: growth.

Science is the study of the world around us, humans and animals.



nutrition	Food that provides nourishment to live and grow.
healthy	Being well and fit.
protein	a food group, consisting of meat, seafood, eggs, nuts and more, which help the body repair cells.
carbhydrate	a food group, including rice, bread and pasta, which give the body energy
dairy	a food group, including cheese, milk and yoghurt, which contains calcium to keeps our bones strong
fat	a food group that are important for energy but only needed in small amounts
exercise	activity requiring physical effort, carried out to improve health and fitness
hygeine	the things you can do to keep yourself and your surroundings clean

General Scientific Words

Investigate, find out, explain, record, prove, theory, example, conclusion, discussion.

Describe the needs of animals for survival.	Describe the needs of humans.	Explore the importance of eating the correct foods.	Describe what a healthy, balanced diet looks like.	Investigate the impact of exercise on our bodies.	Investigate the importance of hygiene.
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